



WASHINGTON INTERSCHOLASTIC  
ACTIVITIES ASSOCIATION

WIAA/DAIRY FARMERS OF WASHINGTON/LES SCHWAB TIRES

**2017 2A, 3A, 4A TRACK & FIELD**

**STATE CHAMPIONSHIPS**

# **COACHES PACKET**



# **TRACK & FIELD**



**MAY 25-27, 2017**

**MOUNT TAHOMA STADIUM**

# WIAA/Dairy Farmers of Washington/Les Schwab Tires 2A, 3A, 4A STATE TRACK & FIELD CHAMPIONSHIPS

May 25-27, 2017  
Mount Tahoma Stadium

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## SITE SPECIFIC INFORMATION

This packet contains Site Specific information related to the WIAA 2A, 3A, 4A State Track & Field Championships at Mount Tahoma Stadium on May 25<sup>th</sup>, 26<sup>th</sup>, and 27<sup>th</sup>.

### Mount Tahoma Stadium Location:

4634 South 74<sup>th</sup> Street, Tacoma, WA 98409

### Practice Time:

There will be no practice time before the meet begins on either Wednesday, May 24<sup>th</sup> or Thursday, May 25<sup>th</sup>.

### Coaches Information Tent:

The Coaches Information Tent will be located at the South entrance of the visitors grandstand once the facility is open. Coaches will pick up their packets on Thursday and Friday at this location.

### Packet Pick-Up:

Wednesday, May 24 <sup>th</sup>	Coaches Tent (South entrance)	3:30pm-6:00pm
Thursday, May 25 <sup>th</sup>	Coaches Tent (South entrance)	1:00pm-7:00pm
Friday, May 26 <sup>th</sup>	Coaches Tent (South entrance)	8:00am-6:00pm

### Coaches Meeting:

Coaches Meeting **Thursday**                      **2:00pm (HOME locker room inside stadium)**  
*(Boys & Girls Coaches whose athletes are competing on Thursday should attend)*  
Coaches Meeting **Friday**                      **9:30am (HOME locker room inside stadium)**  
*(For coaches who missed Thursday's meeting)*

### Warm-Up Area:

Athletes will be allowed to warm-up in the flagged off area on the infield (after checking in at the clerk's tent). Open warm-up areas will be set up in the grass outside the stadium if weather necessitates it.

### Staging Area:

The staging area (clerk's tent) will be located on the visitor side of the facility directly behind the North end jump pit. Introductions for each event (preliminaries and finals) will be at the starting line of each event.

**Final Lane Assignments and Final Results:**

Final lane assignments and results will be posted in real time on the WIAA website and displayed on screens in various places around the stadium. Lane/Flight assignments will be posted on the WIAA website ([link here](#)) no later than Wednesday, May 24<sup>th</sup>.

**Those Not Competing:**

If teams/coaches choose to sit in the stands as the competition is taking place, we ask that you please sit on the visitor side of the stadium or on the home side, North of the 50-yard line, near the starting line of the sprint events.

**Excuse Time for Another Event:**

The excuse time established for the meet will be **15-minutes** for all events.

**Implement Weigh-In:**

**Thursday:**

1:30-2:45pm	Throwing Events
2:00-3:00pm	Pole Vault

**Friday:**

8:00-8:45am	Pole Vault
8:00-9:30am	Throwing Events
11:30am-12:15pm	Pole Vault
12:00-1:15pm	Throwing Events
3:00-3:45pm	Pole Vault
2:00-3:00pm	WC Throwing Events

**Saturday:**

8:30-9:15am	Pole Vault
8:30-10:00am	Throwing Events
12:15-1:00pm	Pole Vault
12:45-2:00pm	Throwing Events

The discus, javelin and shot implement weigh-in will be located at the throwing facility outside of the main stadium (South end).

Pole-vaulters weights will be verified on a digital scale under the home side grandstand. Their poles will be inspected in the pole vault area of the main stadium.

**Long Jump/Triple Jump Pits:**

In **odd years**, the triple jump area will be located on the **North pit** and the long jump area located on the **South pit**. Two check marks are allowed. Colored markers and tennis balls will be provided by the head officials to mark the jumping area.

***Board Distance established by the Games Committee:***

- Boys & Girls Long Jump            12 foot board
- Boys Triple Jump                    36 foot board
- Girl Triple Jump                    24 and 32 foot boards

**Throwing Events:**

The shot put is located near the South side of the stadium. The discus is located near the South side of the stadium and will be thrown into the grass at Mount Tahoma.

**Timing:**

Races will be timed using the TimeTronics system.

**Protest Area:**

If coaches need to protest, protest forms must be submitted to the referee at the finish line tent. Forms will be available at the Coaches Information Tent.

**Video Screen and Replays:**

Per NFHS Track and Field rules, video replay or television monitoring equipment, other than the official finish line equipment approved by the games committee prior to the start of competition, shall not be used to make decisions related to the meet. The Mount Tahoma Video Screen will **NOT** be an approved replay mechanism for the 2A, 3A, 4A WIAA Track and Field Championships.

**Pop-Up Tent Area:**

Pop-Up Tents will be located on the North and South sides of the stadium, outside of the fencing area. There are large grassy areas where teams will be allowed to set-up their tents. **EACH TEAM IS ALLOWED ONE TENT ONLY! Teams will not be allowed to set-up their tents until Thursday, May 25<sup>th</sup> at 3:00pm. Teams will not be allowed to mark their location for their tent with athletes, tarps, and/or tent bag. NOTHING CAN BE PLACED IN THE GRASS AREA UNTIL 2:30pm.** If tents are set-up before this time, they will be taken down by meet management. There is ample space on both ends of the facility for tents. Teams should not leave their pop-up tents overnight at the facility. If you choose to leave items overnight, the WIAA and Tacoma School District are not responsible for those items that might be lost, stolen or damaged.

**Trainers:**

Certified athletic trainers and staff will be on hand during the meet. The training facility is located under the home grandstand, and additional certified athletic trainers will be located at the pole vault and throwing venues.

**Directions to Mount Tahoma Stadium:**

**Driving South on I-5: Take Exit 129, S 72<sup>nd</sup> Street/S84th Street**

- Take the S 74<sup>th</sup> Street West ramp
- Turn right onto S 74<sup>th</sup> Street
- Go straight for 1.6 miles
- The stadium will be on your left hand side

**Driving North on I-5: Take Exit 129, S 72<sup>nd</sup> Street**

- Turn left off the ramp S 72<sup>nd</sup> Street
- S 72<sup>nd</sup> Street will become S 74<sup>th</sup> Street
- Go straight for 1.7 miles
- The stadium will be on your left hand side

**Parking/Bus Parking:**

There is parking located near the stadium, near the school on S 74<sup>th</sup> Street, and two large parking lots behind the stadium off of Verde Street. Please review the facility map for specific locations.

All school buses/vans/cars will park in the large grassy parking area off of Verde Street, just past the stadium. Verde Street is the street directly before the stadium. **Please leave NO items of value in your car, i.e. wallets, purses, camera, radios, etc.**