

Athletics and Activities- High School**Academic Excellence****PURPOSE STATEMENT**

1. **Issue** – Through the enrichment and enhancement of athletics and activities across the district, students will continue to develop life-long skills not always taught in the classroom. Such as, but not limited to grit, perseverance, and social-emotional competencies. The athletic programming is the only extra-curricular program tied to academic requirements for students to participate.
2. **Vision** – In partnership with students, staff, parents and community partners we will provide programming, leadership and learning to enhance the educational experiences that are rigorous, individualized and enable students with life-skills to contribute to a changing and diverse world.
3. **Approach** - This proposal encompasses all district-level responsibilities and costs associated with continuing the efforts to support school-based athletic and activity programs at the five comprehensive high schools. There is an expectation to continue to maintain extracurricular activities as participation is linked to lower rates of dropping out, civic involvement, and higher levels of academic achievement. This programming provides valuable lessons such as teamwork, sportsmanship, hard work, self-discipline, self-confidence, and skill development to handle different types of situations.

STAKEHOLDERS

Currently all five comprehensive high schools (Foss IB, Lincoln, Mt. Tahoma, Stadium and Wilson) offer athletics, while students attending alternate sites maintain access to athletics programs at their residency comprehensive high school.

Students: Provides valuable lessons to high school students such as teamwork, sportsmanship, hard work, self-discipline, self-confidence, and skill development to handle different types of situations. Participation is linked to lower rates of dropping out of school and high levels of academic achievement. Students, through these experiences also see reductions in rebellious behaviors.

Staff: Provide valuable lessons for students associated to teamwork, sportsmanship, hard work, self-discipline, self-confidence, and skill development to handle different types of situations.

Parents: Provide opportunities for parents to engage with the school community to support students and staff school.

CASE STATEMENT

During the 2018-19 school year the district athletic and activity programs serviced 35.2% of the high school population with the goal of reaching 38.5% participation by the end of 2018-19 school year. In the United States Department of Education, 21st Century Learning Center report, it states students who spend no time in extracurricular activities are 49% more likely to use drugs and 37% more likely to become teen parents than those who spend one to four hours per week in extracurricular activities. In a 2006 report, Effects of Title IX and Sports Participation on Girls' Physical Activity and Weight concluded that their results strongly suggested that Title IX and the increase in athletic opportunities among adolescent females it engendered had a beneficial effect on the health of adolescent girls. In the Harvard Education Review article, it was found that participation in extracurricular activities appears to be one of the few interventions that benefit low-status, disadvantaged students. The 2005 book Organized Activities as Development Contexts for Children and Adolescents states "just as schools with efficient procedures and structure have been found to have positive outcomes, our findings indicate that participants in after school programs with these qualities experience reductions in rebellious behavior and increases in intentions not to use drugs."

WHAT SPECIFIC BOARD-ADOPTED BENCHMARKS WILL BE INFLUENCED BY THIS WORK?

1. Goal 1: Extra Curricular Activity Involvement: The percentage of students participating in extra-curricular activities at the high school level.

Athletics and Activities- High School**Academic Excellence****MEASURABLE GOALS**

1. We will increase percentage of students participating in extra-curricular activities at the high school level from 33.5% to 38.5% by the end of 2023 as measured by student participation in athletics and clubs.

SCOPE OF WORK

Inputs / Resources	Activities	Outputs / Outcomes
Provide the financial and systemic supports necessary for students at the five comprehensive high schools to participate in interscholastic athletics in a league setting.	Support the hiring, training, documentation and payroll process for coaches. Develop contracts with local official (referees) associations to provide services at athletic contests. Work with community partners to schedule field use. Monthly professional development meetings with high school athletic directors and coaches.	Increase student participation in athletics resulting in increased academic performance, lower rates of drop out and reductions in rebellious behaviors. Improved skill building in the areas of teamwork, sportsmanship, self-discipline, self-confidence and relationship building.
Provide systemic supports necessary for students at all Tacoma high schools to participate in Associated Student Body (ASB) leadership opportunities.	Monthly professional development meetings with high school ASB advisors. Monthly meetings with the All-City Senate members (ASB representatives from each High School).	Increase student participation in extracurricular activities resulting in increased academic performance, lower rates of drop out and reductions in rebellious behaviors. Improved skill building in the areas of teamwork, sportsmanship, self-discipline, self-confidence and relationship building.

PROGRAM COST - BUDGET USE ONLY

<i>Fund Description</i>	<i>18-19 FTE</i>	<i>Salaries and Benefits</i>	<i>Supplies</i>	<i>Contract Services</i>	<i>Travel</i>	<i>Capital Outlay</i>	<i>Total</i>
Total							