

# DANCE CLASSES FOR ALL AGES

PROFESSIONAL  
STAFF

PERFORMANCE  
OPPORTUNITIES

FINANCIAL ASSISTANCE

- Ballet
- Hip Hop
- Jazz
- Tap
- Acro
- Lyrical/Contemporary
- Musical Theater
- And More!



1010 South 30th St  
Tacoma, WA 98409  
**(253) 627-7837**



@ActionDanceArts



[www.facebook.com/actiondance](http://www.facebook.com/actiondance)

## JOIN NOW TO PERFORM WITH US IN OUR TWO FUN UPCOMING SHOWS



THE SLEEPING BEAUTY

The classical ballet story with music by Tchaikovsky told in three Acts. The story of a princess, a curse and a kingdom's effort to save her.

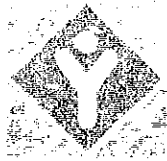
All that funky music from the 80's comes to life with exciting tap, hip hop and jazz routines and costumes.



## “WHERE LEARNING IS AN ART”

Action Dance School is a non profit 501(c) (3) Corp. Action Dance School does not discriminate on the basis of race, ethnicity, creed, national origin, gender, marital status, sexual orientation, age, religion, or the presence of any sensory, mental, or physical disability.

**The district does not sponsor this event/activity/offer and the district assumes no responsibility for it.** In consideration for the privilege to distribute these materials, the Tacoma School District No. 10 shall be held harmless from any cause of action filed in any court or administrative tribunal arising out of the distribution of these materials, including all costs, attorney's fees and judgments or awards.



# Champion Youth Outreach

A Non-Profit Organization  
#58-1959586

Presents



## SELF DEFENSE/KARATE AGES 4-15



- ★ Safety Awareness
- ★ Non-Aggressive Behaviors
- ★ Abduction Prevention
- ★ Awards & Promotions
- ★ Basic thru Black Belt Levels
- ★ Taught by Certified Black Belt Instructors

**Wednesday, February 15<sup>th</sup>**

Classes held Wednesday evenings for 14 weeks!

**Sherman Elementary School**  
4415 N. 38<sup>th</sup> St.

(From the intersection of 30<sup>th</sup> St. & Stevens — go north on Stevens to 38<sup>th</sup> St. — on corner of 38<sup>th</sup> St. & Stevens)

**All Students Ages 4-7 Registration:**

**5:45 - 6:15 p.m.**

Orientation & 1<sup>st</sup> Class approximately 6:15 - 7:00 p.m.

**All Students Ages 8 & Older Registration:**

**7:00 — 7:30 p.m.**

Orientation & 1<sup>st</sup> Class approximately 7:30 — 8:15 p.m.

**\$7.00 per week per lesson** — (prepayment of entire 14 week course entitles you to one free lesson). Uniforms are available (not required) for \$32.00 (tax included). Testing is available for rank promotions (not required) at the end of each semester for \$19.00.

## CHEERLEADING AGES 4-15



- ★ Cheers, Chants, Jumps, Pom Dance Routines
- ★ Awards & Trophies
- ★ Preparation for Tryouts
- ★ Beginner to Advanced Levels
- ★ Safety Awareness

**Friday, February 24<sup>th</sup>**

Classes held Friday evenings for 14 weeks!

**Mason Middle School**  
3901 N. 28<sup>th</sup> St.

(From the intersection of N Union Ave and N 26<sup>th</sup> St — go west on N 26<sup>th</sup> St, north on N Proctor St, west on N 28<sup>th</sup> St.)

**All Students Ages 4-7 Registration:**

**5:45 - 6:15 p.m.**

Orientation & 1<sup>st</sup> Class approximately 6:15 - 7:00 p.m.

**All Students Ages 8 & Older Registration:**

**7:00 — 7:30 p.m.**

Orientation & 1<sup>st</sup> Class approximately 7:30 — 8:15 p.m.

**\$7.00 per week per lesson** - (prepayment of entire 14 week course entitles you to one free lesson). Metallic silver and red pom-poms will be available for \$22.00 (tax included) or you may bring your own. Tryout for pom levels is available (not required) at the end of each semester for \$19.00. Cheer students should wear tennis shoes to class.

Parent/Legal guardian must register student. Pay weekly or prepay. Register at class. No pre-registration.

**Semester registration fee is \$8.00, non-refundable. Family Discounts! Call for details.**

Cash or Checks accepted. NO Credit/Debit Cards.

New students will be accepted up to the third week. Specific class times will be assigned on registration night/day, split according to ability, age or rank for the remainder of the semester. Class times not known prior to registration night/day. Call 253-267-0582 with any questions and/or if 1<sup>st</sup> Night Registration was missed.

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# Youth Academy



The Tacoma Stars Youth Academy is aimed at helping players develop on several levels including basic motor skills, coordination and soccer concepts. This program focuses on fun and energetic soccer themed classes that help kids develop confidence in groups while promoting healthy lifestyle activities. As players progress they will gradually be introduced to more soccer skills while still having fun and enjoying physical activity. Coaches to player ratios are small to ensure kids are receiving personal attention.

**Lil Dippers (18.-36 months)-** Our focus is on basic coordination, balance, motor skills and an intro to basic soccer postures. Parents participate in a wide range of activities and games.

**Big Dippers (3 year olds)-** Players will be introduced to more soccer specific activities (run, pass, dribble). This highly active session will promote body control, listening skills and basic fundamentals.

**Shining Stars (4 year olds) -** Players will be introduced to more advanced soccer exercises.. With more challenging ball exercises, players will develop more confidence and a comfort level with the ball.

**Shooting Stars (5-6 year olds) -** This class teaches fundamental soccer concepts along with creative ball control methods. Coordination will be tested as new challenging soccer skills are applied. Players will begin playing in a game atmosphere. This active, fun class will prepare players for team soccer.

**JR Development Academy (7-9 year olds) -** Designed to challenge players 7-9. The program is aimed at rapidly accelerating the foot skills and technical ability necessary for success in soccer through high volume professional training methods.



Visit Us Online  
[pacificsportscenter.com](http://pacificsportscenter.com)

Call  
**(253) 627-2255**

Stop In  
**Pacific Sports Center**  
7845 S. Pine St.  
Tacoma, WA 98409

Child Name _____	Date of Birth ____/____/____	Boy ___	Girl ___
Parent or Guardian Name _____	Email _____		
Address _____	City _____	Zip _____	
Day Phone _____	Evening Phone _____		
1st Choice _____	2nd Choice _____		
Class _____	Class _____		
Day _____	Day _____		
Time _____	Time _____		

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