

Services for Teens, including Pregnant or Parenting Teens

Program	Location(s)	Population Served	Program Description	Contact Information	How to Enroll	Cost to Participants
Catholic Community Services Pregnancy Support Program	Tahoma Family Center, 1323 S. Yakima Ave. Tacoma, WA 98405	Pregnant teens and women.	The Pregnancy Support Program assists women who may be facing a crisis pregnancy. Certified counselors assist women and their families in decision-making, parental planning, and goal setting.	(253) 502-2669	Contact the Center for a referral.	Free.
Care Net Pregnancy and Family	Tacoma 1209 Sixth Ave Tacoma , WA 98405 Lakewood 10828 Gravelly Lake dr. SW Lakewood, WA 98499 Puyallup 10312 120 th Street E Puyallup. Puyallup, WA 98372	Women who are pregnant or parenting, have had an abortion, or think they might be pregnant.	Provides free pregnancy tests, pregnancy counseling, post-abortion counseling and referrals. Also provides maternity and baby supplies including clothes, diapers, layettes, and food. Free STD testing on the first Thursday of every month.	Tacoma (253) 383-2988 Lakewood (253) 984-6222 Puyallup (253) 770-8697	Call or stop by the center.	Free.
Faith Homes Jump Start Program	3519 South 30 th St. Tacoma, WA 98409	Pregnant or parenting young women, ages 16-21, who are homeless or receive Section 8 vouchers from the Pierce County Housing Authority to pay for housing.	Faith Homes has two transitional housing programs for pregnant and parenting homeless young women. The program provides for basic human needs and also provides support and guidance, role models, and training in life skills. Clients may stay in the program for two years and are given the opportunity to work, complete their high school education or obtain a GED, or get employment training so that they may become independent.	(253) 572-0458	Call (253) 572-0458, ext. 23 to refer a client or to request a space in the program.	Women living in Faith Homes pay 30% of their income toward rent and utilities.
Family Support Center and Birth Services @ Good Samaritan Hospital	Good Samaritan Hospital 615 E. Pioneer Ave. Puyallup, WA 98372	Teen parents.	Provide support to parents and family needs in various ways. Classes for teen parents that are sponsored by Good Samaritan Hospital: Childbirth Education, Infant Massage, CPR, and Great Beginnings Class.	Call (253) 697 -3910 or visit the website: www.goodsamhealth.org	Call or stop by the Family Support Center	Call for details

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Planned Parenthood	813 MLK Jr. Way Tacoma, WA 98405	Women who are pregnant or parenting, have had an abortion, or think they might be pregnant.	Offers walk-in pregnancy testing, pregnancy-options counseling, and other services.	(253)779-3900 for specific locations, or 1-800-230-PLAN Or visit www.ppww.org for details.	Call either contact number to make an appointment	Insurance may cover, discounted/free services offered for low-income. Contact clinic to find out specific fees.
Teen Health Clinic at Pacific Lutheran University Wellness Clinic	Pacific Lutheran University Wellness Clinic South 121 st and Pacific Avenue Tacoma Washington, 98445	Teens, age 14-19.	A health clinic that provides: physical exams, immunizations, acute sick care, counseling for depression and other personal concerns, pregnancy tests, birth control, emergency contraception, STD treatment. The clinic is open from 3:00-6:00 pm on Tuesdays.	(253) 535-7354	Call to make an appointment or to ask questions. Drop in patients are taken if space is available.	Low or no cost.
Teen Health Clinic at Community Health Care's Eastside Clinic	Community Health Care: Eastside Clinic 1720 E. 44 th St. Tacoma, WA 98404	Teens, age 14-19.	A health clinic that provides: physical exams, immunizations, acute sick care, counseling for depression and other personal concerns, pregnancy tests, birth control, emergency contraception, STD treatment. The clinic is open from 4:30 -8:00 pm on Thursday evenings.	(253) 471-4553	Call to make an appointment or to ask questions. Drop in patients are taken if space is available.	No fee (If insured, cost is covered by insurance. If not insured, cost is waived).