

**November 2008
Salad & Sandwich
OF THE DAY**

- Monday**
Chicken Sesame Salad
Ham & Cheese Sandwich
- Tuesday**
Ham Salad
Tuna Salad Sandwich
- Wednesday**
Taco Salad
Turkey & Swiss Sandwich
- Thursday**
Chef's Salad
Uncrustable Peanut Butter
Sandwich with Baked Cheetos
- Friday**
Tuna Salad
Submarine Sandwich

Elementary Breakfast Prices:
Full Price \$1.50
Reduced Price FREE
Breakfast includes: Fruit, Vegetable or Juice, and Milk. The Breakfast Entree is printed at the bottom of the daily menu in italics.

Elementary Lunch Prices:
Full Price \$2.50
Reduced Price Grades 4-5 .40
Reduced Price Grades K-3 FREE
Milk (1%, 2%, Non-Fat) .50
Chocolate Milk (Non-Fat) .50
Lunch includes milk.

Menu subject to change.

Monday



Tuesday

Wednesday

Thursday

Friday

HAVE A TASTY THANKSGIVING



**November 26, 2008
Early Release
H.S. - 10:50 a.m.
M.S. - 11:30 a.m.
E.S. - 12:15 p.m.**

11/3
Beef Teriyaki Dippers
Steamed Rice, Broccoli, Low-Fat Dip,
Peaches & Milk
Breakfast Pizza

11/4
ELECTION DAY
Chicken Patty on a Bun
Cheesy Mashed Potatoes,
Baby Carrots, Low-Fat Dip, Tossed
Green Salad/Spinach & Milk
Cereal Choice & Toast

11/5
**Cheesy Nachos with
Taco Meat**
Broccoli, Low-Fat Dip,
Orange Smiles & Milk
Breakfast Sticks

11/6
**Hamburger on a
Whole Wheat
Hamburger Bun**
French Fries, Kiwi Fruit & Milk
Pancakes

11/7
"Pizza Fridays"
Pepperoni Pizza,
Tossed Green/Spinach Salad,
Fresh Fruit & Milk
Breakfast Sandwich

11/10
**Uncrustable Cheese
Sandwich**
Tomato Soup, Baby Carrots,
Low-Fat Dip & Milk
Yogurt & Waffle Graham

11/10
**No School
VETERANS DAY**

11/12
**Crispy Chicken Nuggets
with Dipping Sauce**
Rice Pilaf, Green Beans,
Sliced Peaches & Milk
Hot Pizza Pocket

11/13
Spaghetti & Meatsauce
Tossed Green Salad/Spinach,
French Bread, Mixed Fruit & Milk
French Toast

11/14
"Pizza Fridays"
Pepperoni Pizza,
Tossed Vegetable Salad,
Fresh Fruit & Milk
Waffle Sticks

11/17
Beef Teriyaki Dippers
Steamed Rice, Broccoli, Low-Fat Dip,
Peaches & Milk
*Peanut Butter & Jelly
Wafer Sandwich*

11/18
Cheese Omelet
Snack n' Waffle, Celery, Lowfat Dip,
Melon Slice & Milk
Breakfast Pizza

11/19
**Cheesy Nachos with
Taco Meat**
Broccoli, Low-Fat Dip,
Banana & Milk
Zac O Mega Bar

11/20
HAPPY BIRTHDAY
Chicken Patty & Gravy
Mashed Potatoes, Baby Carrots,
Low-Fat Dip, Pears,
Birthday Treat & Milk
Pancakes

11/21
"Pizza Fridays"
Cheese Pizza,
Tossed Vegetable Salad,
Fresh Fruit & Milk
Cereal Choice & Waffle Graham

11/24
**Crispy Chicken Nuggets
with Dipping Sauce**
Rice Pilaf, Seasoned Corn,
Sliced Peaches & Milk
Pancake, Sausage on a Stick

11/25
Turkey in Gravy
Mashed Potatoes, Roll, Green Beans,
Cauliflower, Low-Fat Dip & Milk
French Toast

11/26
EARLY RELEASE
Golden Corndog
Baby Carrots, Low-Fat Dip,
Juicy Grapes & Milk
Cereal Choice & Toast

11/27
**No School
THANKSGIVING BREAK**

11/28
**No School
THANKSGIVING BREAK**

A minimum of four fruits and four vegetables will be offered every day. Half the fruits and vegetables are fresh and half are canned.